

# POTATOES

for the Home Garden and Grower



VARIETIES	HARVEST	YIELD	SIZE	BOILING	BAKING	FRENCH FRYING	CHIPPING	STORING	GI	COMMENTS
<b>RED SKIN</b>										
<b>Chieftain</b>	Mid - Nugget	High	Medium	Good		Excellent	Good	Good		High yielding variety, attractive appearance, widely adapted.
<b>Norland</b>	Early	High	Large	Good	Fair	Good	Good	Good		High yielding variety, widely adapted. Sensitive to drought, susceptible to skinning and bruising if harvested before maturity; washes well at maturity.
<b>Red Pontiac</b>	Mid-Late	High	Large	Fair	Fair	Fair	Fair	Good	80	High yielding variety of attractive appearance, widely adapted (especially to muck soils).
<b>Red Viking</b>	Early	High	Large	Excellent	Excellent			Good		High yielding variety, tubers size early. Recommend spacing 16-20 cm in the row.
<b>Sangre</b>	Mid	High	Large	Excellent	Excellent			Good		Ranks high in taste tests; no after cooking discoloration, high levels of Vitamin C.
<b>RUSSET SKIN</b>										
<b>Pacific Russet</b>	Early	Very High	Medium	Excellent	Excellent	Excellent		Good		High yielding variety of attractive appearance; good resistance to internal and external defects.
<b>Russet Burbank</b>	Late	High	Large	Good	Excellent	Excellent		Excellent	85	Requires a uniform moisture supply and long growing season to produce maximum quality tubers and to prevent knobiness and second growth.
<b>WHITE SKIN</b>										
<b>Jennifer</b>	Early-Mid	High	Medium	Good	Excellent	Good	Good	Good		High yielding variety, good disease resistance.
<b>Kennebec</b>	Mid-Late	High	Very Large	Good	Good	Good	Good	Excellent		High yielding fast growing variety, widely adapted.
<b>Warba</b>	Early - Nugget	Very High	Large	Good	Good			Good		High yielding variety; low specific gravity.
<b>YELLOW SKIN</b>										
<b>Bintje</b>	Late	High	Medium	Excellent	Excellent	Excellent	Good	Good		High yielding, widely adapted, because of high tuber set, recommended spacing in the row are 40 to 45 cm.
<b>Satina</b>	Mid-Late	Very High	Medium	Good				Good		Highly tolerant to drought. Well adapted to sandy soils.
<b>Yukon Gold</b>	Mid - Nugget	High	Medium	Excellent	Excellent	Excellent		Excellent		Large tubers are slightly susceptible to hollow heart.
<b>PURPLE SKIN</b>										
<b>Caribe</b>	Very Early	High	Very Large	Good	Fair		Excellent	Good		High yielding variety; attractive appearance.
<b>Purple Viking</b>	Mid	Very High	Very Large	Excellent	Good	Good		Good		Drought resistant, tolerant to adverse weather conditions.
<b>GOURMET</b>										
<b>AmaRosa</b>	Mid	Very High	Fingerling	Good	Good	Excellent	Excellent	Good		Red skinned, red flesh market specialty potato. Excellent flavour. High in antioxidants.
<b>Banana</b>	Late	High	Fingerling	Good	Good	Good	Good	Good		Fresh market specialty potato. Yellow fleshed, produces of 15 to 20 tubers per plant.
<b>Bellanita Fingerling</b>	Early	Very High	Fingerling	Excellent	Good					Excellent flavour; excellent salad potato.
<b>Cecile</b>	Mid-Late	High	Fingerling	Excellent	Excellent			Good		Red skinned fresh market specialty potato, excellent salad potato.
<b>French Fingerling</b>	Late	Good	Fingerling	Excellent	Good	Good		Good		Red skinned fresh market specialty potato, excellent salad potato.
<b>Prince of Orange</b>	Late	High	Medium	Excellent	Excellent	Excellent	Excellent	Good		Buttery tasting with orange yellow flesh. Outstanding culinary qualities.
<b>Russian Blue</b>	Late	High	Medium	Good	Excellent	Good	Good	Good		Heritage variety with blue skin and flesh, very unique with a rich nutty taste. High in antioxidants.
<b>Sieglinde</b>	Early	Very High	Medium	Excellent	Good			Excellent		Preferred variety in European cuisine.
<b>Violet Queen</b>	Late	High	Fingerling	Good	Good			Good		Deep purple skin and flesh. High in antioxidants.
<b>ORGANIC</b>										
<b>Chieftan</b>	Mid - Nugget	High	Medium	Good		Excellent	Good	Good		High yielding variety, attractive appearance, widely adapted.
<b>Gem Russet</b>	Mid-Late	Very High	Medium	Excellent	Excellent	Excellent	Good	Good		High yielding variety.
<b>Sieglinde</b>	Early	Very High	Medium	Excellent	Good			Excellent		Preferred variety in European cuisine.
<b>Warba</b>	Early - Nugget	Very High	Large	Good	Good			Good		High yielding variety; low specific gravity.
<b>Yukon Gold</b>	Mid-Late	Good	Medium	Excellent	Excellent	Excellent		Excellent		Large tubers are slightly susceptible to hollow heart.